

# A note on the Banach-Mazur distance to the cube

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## Abstract

If  $X$  is an  $n$ -dimensional normed space and  $d$  denotes the Banach-Mazur distance, then  $d(X, \ell_\infty^n) \leq cn^{5/6}$ .

## 1 Introduction

If  $X, Y$  are  $n$ -dimensional spaces, we define the *Banach-Mazur distance*  $d(X, Y)$  by

$$d(X, Y) = \inf\{\|T\| \|T^{-1}\| : T : X \rightarrow Y \text{ an isomorphism}\}.$$

A well-known theorem of F. John [J] asserts that for every  $n$ -dimensional normed space  $X$  we have  $d(X, \ell_2^n) \leq \sqrt{n}$ . This estimate is sharp as it can be seen by considering  $X = \ell_\infty^n$  or  $\ell_1^n$ .

Define

$$R_\infty^n = \max\{d(X, \ell_\infty^n) : X \text{ an } n\text{-dimensional space}\}.$$

John's theorem and the multiplicative triangle inequality for  $d$  imply the estimates  $\sqrt{n} \leq R_\infty^n \leq n$ . The question of determining the asymptotic behavior of  $R_\infty^n$  as  $n$  tends to infinity was raised by A. Pelczynski [P].

S.J. Szarek [Sz.1] considered random spaces and proved that  $R_\infty^n \geq c\sqrt{n} \log n$ . That is,  $R_\infty^n$  is not of the order of  $\sqrt{n}$  ( $\ell_\infty^n$  is not an "asymptotic center" of the  $n$ -th Banach-Mazur compactum).

On the other hand, J. Bourgain and S.J. Szarek [BS] obtained the estimate  $R_\infty^n = o(n)$ , and S.J. Szarek - M. Talagrand [ST] improved this result to  $R_\infty^n \leq cn^{7/8}$ . A modification of their argument led this author [G] to the upper bound  $R_\infty^n \leq cn^{0.859}$ . In this note we report on some further progress in this direction:

**Theorem 1.** *There exists an absolute constant  $c > 0$  such that*

$$R_\infty^n \leq cn^{5/6}.$$

Our proof follows again the method of Szarek–Talagrand. It depends on obtaining a result of the following type:

**Proposition:** *Let  $X = (\mathbb{R}^n, \|\cdot\|)$  and  $\varepsilon \in (0, 1)$ . Suppose that the ellipsoid of minimal volume containing the unit ball  $B_X$  of  $X$  is the Euclidean unit ball  $D$ . Then, we can find vectors  $z_1, \dots, z_m$  in  $X$  with  $\|z_i\| = |z_i| = 1$  and  $m \geq (1 - \varepsilon)n$ , such that for any reals  $t_1, \dots, t_m$ ,*

$$\left| \sum_{i=1}^m t_i z_i \right| \geq c \frac{\varepsilon^d}{\sqrt{n}} \sum_{i=1}^m |t_i|,$$

where  $c, d$  are absolute positive constants.

In the next paragraph we prove that this Proposition holds true with  $d = 1$  (the corresponding values of  $d$  in [ST], [G] were 1.5, 1.272 respectively). Using this information one can derive Theorem 1 (the argument is omitted, see [ST] or [Sz.2] for the details).

We use the standard notation from [MS]. By  $|\cdot|$  we denote the Euclidean norm and also the cardinality of a finite set. The letter  $c$  will denote an absolute positive constant, not necessarily the same in all its occurrences.

## 2 Proof of the Proposition

The proof is based on the following facts:

(I) *John's theorem and Dvoretzky–Rogers lemma:* If the ellipsoid of minimal volume containing  $B_X$  is the Euclidean unit ball  $D$ , then

(i)  $D \subseteq \sqrt{n}B_X$ ,

(ii) there exist contact points  $y_1, \dots, y_N$ ,  $N = O(n^2)$ ,  $\|y_i\| = |y_i| = 1$ , and positive real numbers  $\lambda_1, \dots, \lambda_N$  such that  $x = \sum_{i \leq N} \lambda_i \langle x, y_i \rangle y_i$  for every  $x \in \mathbb{R}^n$ . It follows that, given  $\varepsilon \in (0, 1)$ , one can choose  $x_1, \dots, x_s$ ,  $s \geq (1 - \varepsilon)n$ , among these contact points  $y_i$ , so that

**Lemma 1.**  $\text{dist}(x_i, \text{span}\{x_j, j \neq i\}) \geq \sqrt{\varepsilon}$ ,  $i = 1, \dots, s$ .

Lemma 1 was introduced in [ST] in connection with the problem of the distance to the cube.

(II) *Sauer–Shelah lemma* [S], [Sh]: We shall make use of a special case:

**Lemma 2.** *If  $M$  is a subset of  $\{-L, L\}^m$ ,  $L > 0$ , and  $|M| \geq 2^{m-1}$ , then we can find  $\sigma \subseteq \{1, \dots, m\}$ ,  $|\sigma| \geq \frac{m}{2}$ , such that the restriction map*

$$P_\sigma : (\delta_j)_{j \leq m} \rightarrow (\delta_j)_{j \in \sigma}$$

*sends  $M$  onto  $\{-L, L\}^\sigma$ .*

An “isomorphic” version of Lemma 2 was the crucial lemma in [ST]. Our contribution consists of the following lemma, which we think is of independent interest.

**Lemma 3.** *Let  $u_1, \dots, u_s \in \mathbb{R}^n$ ,  $|u_i| \leq 1$ . Define the symmetric convex set*

$$E = \{(\delta_j)_{j \leq s} : \left| \sum_{j=1}^s \delta_j u_j \right|^2 \leq 2s\}.$$

*Then, for every  $\varepsilon \in (0, 1)$  there exists  $\sigma \subseteq \{1, \dots, s\}$  with  $|\sigma| \geq (1 - \varepsilon)s$ , such that*

$$P_\sigma(E) \supseteq c\sqrt{\varepsilon} [-1, 1]^\sigma,$$

*where  $c$  is an absolute positive constant.*

*Notation:*  $S = \{1, \dots, s\}$ ,  $Q = [-1, 1]^s$ ,  $Q_\tau = [-1, 1]^\tau$  if  $\tau \subseteq S$ .

$$\alpha_k = \sum_{r=0}^{k-1} 2^{r/2}, \quad \beta_k = \sum_{r=0}^{k-1} 2^r.$$

*Proof:* Consider points of the form  $(\delta_j^{(1)})_{j \leq s}$ ,  $\delta_j^{(1)} = \pm 1$ . By the parallelogram law,

$$\text{Ave}_{\delta_j^{(1)} = \pm 1} \left| \sum_{j=1}^s \delta_j^{(1)} u_j \right|^2 = \sum_{j=1}^s |u_j|^2 \leq s.$$

Using Markov’s inequality we find  $M^1 \subseteq \{-1, 1\}^s$ ,  $|M^1| \geq 2^{s-1}$ , such that, for every  $(\delta_j^{(1)}) \in M^1$ ,

$$\left| \sum_{j=1}^s \delta_j^{(1)} u_j \right|^2 \leq 2s.$$

From Lemma 2 we can find  $\sigma_1 \subseteq S$ ,  $|\sigma_1| \geq \frac{s}{2}$ , such that  $P_{\sigma_1}(M^1) = \{-1, 1\}^{\sigma_1}$ . Since  $M^1 \subseteq E \cap Q$ , it follows that

$$Q_{\sigma_1} \subseteq P_{\sigma_1}(E \cap Q).$$

We shall prove by induction the following:

(1) For  $k = 1, 2, \dots$ , we can find  $\sigma_k \subseteq S$ ,  $|\sigma_k| \geq (1 - \frac{1}{2^k})s$ , such that

$$Q_{\sigma_k} \subseteq P_{\sigma_k}(\alpha_k E \cap \beta_k Q).$$

For  $k = 1$  this follows from the previous inclusion.

*Inductive step:* Consider points of the form  $\delta_j^{(k+1)}$ ,  $j \leq s$ , with  $\delta_j^{(k+1)} = 0$  if  $j \in \sigma_k$  and  $\delta_j^{(k+1)} = \pm 2^{k/2}$  if  $j \notin \sigma_k$ . We then have

$$\text{Ave}_{(\delta_j^{(k+1)})_{j \leq s}} \left| \sum_{j=1}^s \delta_j^{(k+1)} u_j \right|^2 = \sum_{j \notin \sigma_k} 2^k |u_j|^2 \leq s.$$

Observing that the cardinality of the set of  $(\delta_j^{(k+1)})_{j \leq s}$  is  $2^{s-|\sigma_k|}$  and using Markov's inequality, we can find  $M^{k+1} \subseteq [\mathbf{0}_{\sigma_k} \times \{-2^{k/2}, 2^{k/2}\}^{S \setminus \sigma_k}] \cap E$  with  $|M^{k+1}| \geq 2^{s-|\sigma_k|-1}$ . Then Lemma 2 enables us to find  $\sigma_{k+1}^* \subseteq S \setminus \sigma_k$ ,  $|\sigma_{k+1}^*| \geq \frac{1}{2}(s - |\sigma_k|)$ , such that

$$P_{\sigma_k \cup \sigma_{k+1}^*}(M^{k+1}) = \mathbf{0}_{\sigma_k} \times \{-2^{k/2}, 2^{k/2}\}^{\sigma_{k+1}^*}.$$

Since  $M^{k+1} \subseteq E \cap 2^{k/2}Q$ , it follows that

$$\mathbf{0}_{\sigma_k} \times 2^k Q_{\sigma_{k+1}^*} \subseteq P_{\sigma_k \cup \sigma_{k+1}^*}(2^{k/2}E \cap 2^k Q).$$

Suppose that  $a \in Q_{\sigma_k}$ ,  $b \in Q_{\sigma_{k+1}^*}$ . From our inductive hypothesis we can find  $w_a \in \beta_k Q_{\sigma_{k+1}^*}$  such that

$$(a, w_a) \in P_{\sigma_k \cup \sigma_{k+1}^*}(\alpha_k E \cap \beta_k Q).$$

Define  $v_{a,b} = b - w_a$ . It is clear that  $v_{a,b} \in (\beta_k + 1)Q_{\sigma_{k+1}^*} = 2^k Q_{\sigma_{k+1}^*}$ , hence

$$(\mathbf{0}_{\sigma_k}, v_{a,b}) \in P_{\sigma_k \cup \sigma_{k+1}^*}(2^{k/2}E \cap 2^k Q).$$

Then,

$$\begin{aligned} (a, b) &= (a, w_a) + (\mathbf{0}_{\sigma_k}, v_{a,b}) \\ &\in P_{\sigma_k \cup \sigma_{k+1}^*}(\alpha_k E \cap \beta_k Q) + P_{\sigma_k \cup \sigma_{k+1}^*}(2^{k/2}E \cap 2^k Q) \\ &\subseteq P_{\sigma_k \cup \sigma_{k+1}^*}(\alpha_{k+1} E \cap \beta_{k+1} Q). \end{aligned}$$

It follows that

$$Q_{\sigma_k \cup \sigma_{k+1}^*} \subseteq P_{\sigma_k \cup \sigma_{k+1}^*}(\alpha_{k+1} E \cap \beta_{k+1} Q).$$

Set  $\sigma_{k+1} = \sigma_k \cup \sigma_{k+1}^*$ . It is easy to see that  $|\sigma_{k+1}| \geq (1 - \frac{1}{2^{k+1}})s$ , and the inductive step is completed.

From (1) we get

(2) For  $k = 1, 2, \dots$ , we can find  $\sigma_k \subseteq S$ ,  $|\sigma_k| \geq (1 - \frac{1}{2^k})s$ , such that

$$[-1, 1]^{\sigma_k} \subseteq P_{\sigma_k}(\frac{2^{k/2}}{\sqrt{2}-1}E).$$

So,

$$P_{\sigma_k}(E) \supseteq c \sqrt{\frac{1}{2^k}} [-1, 1]^{\sigma_k}, \quad c = \sqrt{2} - 1.$$

Then we easily pass to the continuous version of the lemma (with a slightly worse constant  $c$ ).  $\square$

**Example** (S.J. Szarek [Sz.3]). Let  $n = s + 1$  and  $u_i = \frac{1}{\sqrt{2}}(e_i + e_n)$ ,  $i = 1, \dots, s$ . Here  $\{e_i\}_{i \leq n}$  is the canonical orthonormal basis of  $\mathbb{R}^n$ . Then,

$$|\sum_{j=1}^s \delta_j u_j|^2 = \frac{1}{2} \left[ \sum_{j=1}^s \delta_j^2 + (\sum_{j=1}^s \delta_j)^2 \right],$$

and this implies that a necessary condition for  $(\delta_j)_{j \leq s}$  to be in  $E$  is

$$\sum_{j=1}^s \delta_j^2 \leq 4s \quad \text{and} \quad \left| \sum_{j=1}^s \delta_j \right| \leq 2\sqrt{s}.$$

Given  $\varepsilon \in (0, 1)$ , consider any  $\sigma \subseteq \{1, \dots, s\}$ ,  $|\sigma| = m \geq (1 - \varepsilon)s$ . Then, a point  $(t, t, \dots, t)$  is in  $P_\sigma(E)$  only if we can find  $(\delta_j)_{j \notin \sigma}$  such that

$$mt^2 + \sum_{j \notin \sigma} \delta_j^2 \leq 4s \quad \text{and} \quad \left| mt + \sum_{j \notin \sigma} \delta_j \right| \leq 2\sqrt{s},$$

and using the Cauchy-Schwarz inequality one can see that this is possible only if  $|t| \leq c\sqrt{\varepsilon}$ .

This example shows that Lemma 3 cannot be improved. A version of this lemma (with a weaker dependence on  $\varepsilon$ ) appeared in [G].

Now we can pass to the

**Proof of the Proposition.** According to Lemma 1, we can choose  $x_1, \dots, x_s \in B_X$ , with  $s \geq (1 - \frac{\varepsilon}{2})n$ , such that

$$\text{dist}(x_i, \text{span}\{x_j, j \neq i\}) \geq \sqrt{\frac{\varepsilon}{2}}, \quad i, j = 1, \dots, s.$$

Then, we can find  $v_i \perp \text{span}\{x_j, j \neq i\}$  so that  $\langle x_i, v_i \rangle = 1$  and  $|v_i| \leq \sqrt{\frac{2}{\varepsilon}}$ . That is, there exist  $v_1, \dots, v_s \in \mathbb{R}^n$  for which

$$|v_i| \leq \sqrt{\frac{2}{\varepsilon}} \quad \text{and} \quad \langle x_i, v_j \rangle = \delta_{ij}, \quad i, j = 1, \dots, s.$$

Set  $u_i = \sqrt{\frac{\varepsilon}{2}} v_i$  and apply Lemma 3 to obtain  $\sigma \subseteq \{1, \dots, s\}$ ,  $|\sigma| \geq (1 - \frac{\varepsilon}{2})s$ , with

$$P_\sigma(E) \supseteq c\sqrt{\varepsilon} [-1, 1]^\sigma.$$

Obviously,  $|\sigma| \geq (1 - \varepsilon)n$ . Now, for any sequence  $(t_i)_{i \in \sigma}$  of reals, one has

$$\sum_{i \in \sigma} |t_i| = \left\langle \sum_{i \in \sigma} t_i x_i, \sum_{j \in \sigma} \text{sign}(t_j) v_j \right\rangle.$$

Since  $(c\sqrt{\varepsilon} \text{sign}(t_j))_{j \in \sigma} \in P_\sigma(E)$ , we can find  $(\delta_j)_{j \leq s}$  in  $E$  so that  $\delta_j = c\sqrt{\varepsilon} \text{sign}(t_j)$  for  $j \in \sigma$ . Observe that whenever  $i \in \sigma$  and  $j \notin \sigma$  then  $\langle x_i, v_j \rangle = 0$ , and therefore

$$\begin{aligned} \left\langle \sum_{i \in \sigma} t_i x_i, \sum_{j \in \sigma} \text{sign}(t_j) v_j \right\rangle &= \frac{1}{c\sqrt{\varepsilon}} \left\langle \sum_{i \in \sigma} t_i x_i, \sum_{j=1}^s \delta_j v_j \right\rangle \\ &\leq \frac{1}{c\sqrt{\varepsilon}} \left| \sum_{i \in \sigma} t_i x_i \right| \sqrt{\frac{2}{\varepsilon}} \left| \sum_{j=1}^s \delta_j u_j \right| \end{aligned}$$

$$\leq \frac{2\sqrt{s}}{c\varepsilon} \left| \sum_{i \in \sigma} t_i x_i \right| \leq \frac{\sqrt{n}}{c'\varepsilon} \left| \sum_{i \in \sigma} t_i x_i \right|.$$

Choose  $z_i$ ,  $i = 1, \dots, |\sigma| = m$ , to be those  $x_j$  for which  $j \in \sigma$ , and the Proposition is proved.  $\square$

### 3 Remark

As was mentioned in [Sz.2], another consequence of the Proposition is the following “proportional Dvoretzky–Rogers factorization” result (the proof of which is a word-by-word repetition of the argument given in [ST]):

**Theorem 2** *If  $\varepsilon \in (0, 1)$  and  $X$  is an  $n$ -dimensional normed space, there exist vectors  $x_1, \dots, x_m \in X$ ,  $m \geq (1 - \varepsilon)n$ , such that for any reals  $t_1, \dots, t_m$ ,*

$$\max_{1 \leq j \leq m} |t_j| \leq \left\| \sum_{j=1}^m t_j x_j \right\|_X \leq \frac{c}{\varepsilon^{3/2}} \left( \sum_{j=1}^m |t_j|^2 \right)^{1/2},$$

where  $c > 0$  is an absolute constant. Equivalently, the formal identity  $i_{2,\infty} : \ell_2^m \rightarrow \ell_\infty^m$  can be written as  $i_{2,\infty} = \alpha \circ \beta$ ,  $\beta : \ell_2^m \rightarrow X$ ,  $\alpha : X \rightarrow \ell_\infty^m$ , with  $\|\alpha\| \|\beta\| \leq c/\varepsilon^{3/2}$ . The same holds true for  $i_{1,2} : \ell_1^m \rightarrow \ell_2^m$ .  $\square$

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